



Mental Health Therapist Job Description - Seattle

The Mental Health Therapist will provide social-psycho therapeutic assessments, interventions and counseling for children and adult mental health clients in a holistic, culturally sensitive process that promotes the dignity, respect, safety and maximum optimal functioning of the individual. This position will be recruited to temporarily backfill a Mental Health Therapist who will go on a leave of absence. The intent will be that upon the return of the Mental Health Therapist from leave of absence, the candidate will transition into this Seattle based position at three-quarter time.

Responsibilities

- Provide outpatient Mental Health evaluations, assessments, care plans and therapy to children, adolescents, adults, older adults and families as needed in a variety of professional therapeutic modalities.
- Provide outreach and referral assistance to clients unable to access services in the community.
- Maintain a caseload of 46 active clients to meet a minimum of 4 direct client service hours per day. Case loads will also be adjusted to reflect group responsibilities.
- 100% Quality Assurance compliance.
- Consult and collaborate with other professionals, supervisors and/or agencies on client evaluations, treatment plans and follow-up in order to ensure optimal client outcomes.
- Attend mandatory clinical in-services/trainings, supervision, and regularly scheduled department/agency meetings.
- Prepare concise documentation pertinent to direct services with clients in order to comply with requests from other agencies and professionals in the community, and in order to coordinate services for clients in the community.
- Assist in identifying, implementing and coordinating services/activities in order to meet client needs.
- Provide education and information in the community as needed.
- Serve on committees, task forces and special assignments as directed.
- Conduct Group Therapy Sessions as needed.
- Provide Case management services to children, adolescent, adult, and older adult Mental Health clients.
- Conduct mental health intakes as needed.
- Communicate Consejo policies, practices and procedures to client; complete all necessary paperwork in compliance with agency and legislative requirements.
- Fulfill other duties as may be assigned to meet agency operations needs.

Recovery Best Practices

- Ability to understand and use the ten core principles from the national consensus statement on recovery (hope, self direction, individualized and person-centered, empowerment, holistic, non-linear, strengths-based, peer support, respect, and responsibility).
- Ability to understand the mutually affirming roles of peer support and professional services.
- Knowledge on conducting strengths-based interviews and how to utilize strengths in implementing the care plan.
- Provide outpatient evaluations, assessments, care plans and progress notes that are individualized and recovery oriented.
- Ability to engender hope, optimism, and recovery for people at every level of disability, various degrees of insight, and/or various levels of motivation.
- Ability to assist consumers to assume or resume employment, education, or normalized housing, and to thrive in these roles.
- Ability to locate community resources outside of the mental health system and inspire consumers to use them.
- Provide culturally competent recovery practices for the Latino consumer.
- Knowledge on how to implement a Wellness Recovery Action Plan.
- Knowledge on motivational interviewing skills to enhance recovery potential.
- Skills in helping people who have experienced trauma to recover.
- Provide family psycho-education and engagement.

Requirements

- Bachelor's degree/Master's preferred in social work or related social services field.
- Two (2) years of experience in providing mental health counseling and case management services.
- Must have Active Counselors Registration or License.
- Proficient in speaking, reading and writing both English and Spanish.
- Proficient with using Microsoft Office products.
- Must have a valid driver's license, acceptable driving record, reliable transportation and car insurance.
- Office location will be in Seattle